
Practicing Drill 4: Avoid "grass lag" when Putting (Trainer Only)

Objective: To avoid missed putts caused by "grass lag" i.e., when the putter drags the putting surface on either your back or forward swing.



Step 1: Place the Trainer on the practice putting green.

Step 2: Place the ball inside the Trainer legs with center point touching the ball.

Step 3: Place the putter face on top of the Trainer directly behind the ball.

Step 4: Maintain your normal putting grip.

Step 5: Make a putting stroke with putter on top of the Trainer.

NOTE: Many golfers experience "grass lag" when the putter drags the putting surface on either their back or forward swing. By learning to raise the putter 1/8" off the putting surface, golfers can avoid missed putts caused by "grass lag".