
Practicing Drill 3: Putting Alignment by Squaring the Putter Face to the Ball (Trainer Only)

Objective: To improve putting accuracy by adjusting your putting grip to ensure that putter face is square to the ball.



Step 1: Slide the Trainer under the golf ball, on a practice putting green, until the ball touches the center point, and the legs form a cradle around the ball.

Step 2: Assume your normal grip on your putter and slide it up until it touches the top flat edge of the Trainer. Make sure your wrist does not turn.

Step 3: If the "toe" or "heel" of the putter face shows an opening then loosen your grip.

Step 4: Gently slide the putter face up to the flat top of the Trainer until the face of the putter is completely flush with the top of the Trainer.

Step 5: Assume your normal putting grip. Take note of any changes in hand location on the grip. The putter face is now square to the ball.

NOTE: When the putter face is not square to the ball you will "push" the putt left or right making putting inaccurate.